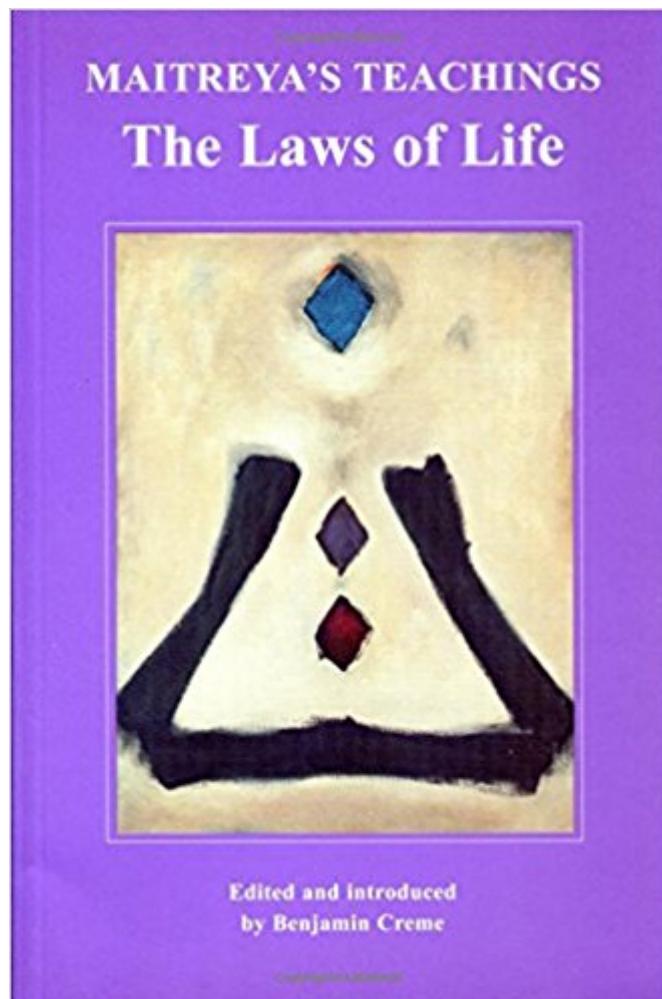


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# Maitreya's Teachings: The Laws Of Life



## **Synopsis**

A unique and diverse collection of insights from Maitreya, the World Teacher for the coming age, offering straightforward, non-doctrinal answers to some of our most profound questions about the meaning and purpose of life, including who we really are, how to find joy in everyday existence, and what we can all do to create lasting peace. Also addresses global problems -- political, social, and environmental -- and forecasts future events, demonstrating how the Laws of Cause and Effect work out on a world scale. The most contemporary phase of teachings given by the head of the group of enlightened Teachers known as the Masters of Wisdom.

## **Book Information**

Paperback: 258 pages

Publisher: Share International Fdn; Second Printing edition (August 1, 2005)

Language: English

ISBN-10: 9071484319

ISBN-13: 978-9071484315

Product Dimensions: 0.5 x 5.2 x 8.2 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 25 customer reviews

Best Sellers Rank: #638,117 in Books (See Top 100 in Books) #158 in Books > Religion & Spirituality > New Age & Spirituality > Theosophy #1069 in Books > Politics & Social Sciences > Philosophy > Metaphysics

## **Customer Reviews**

All the teachings presented in this book originated from Maitreya, the World Teacher, assembled in thematic chapters...The two Great Laws of Life, namely the Law of Rebirth and the Law of Cause and Effect, are apparent both in the big picture and in the small details... From politics to genetic engineering, or from earthquakes to temptation, the range is enormous and adds up to a deeper and greater understanding of the inner currents of life... The Laws of Life is not a glossary of terms... It offers capsules of new meaning that allow the reader to connect the dots and fill in the gaps... Individuality does not mean a selfish sense of oneself, but rather a true grasp of oneself with detachment and the willingness to activate a process in which as well as detachment there is honesty of mind and sincerity of spirit. If we are interested in politics, we can further connect detachment with natural disasters ... In chapter 4, Maitreya focuses on the theme of perceiving patterns of causes and effects so that we sharpen our understanding of the interplay of energies...

When this energy can find no further expression in human affairs, it will look for its expression in nature . After fires, downpours of rain and landslides, the inevitable outcome is an earthquake... Maitreya's advice is, once again, to respect and manage energy with detachment... An unexpected but meaningful connection is made, when Maitreya explains that the more individuals become aware of who they are, the more market forces will be tamed and used for the betterment of mankind . Every page seems to radiate further meaning when you see correspondences and relationships within a myriad of small items. Very often we are struck by a hidden treasure, such as the art of evolution when applied to political essentials... Everything evolves in its own rhythm and the so-called political, social and spiritual leaders must learn the art of evolution. If you talk about freedom, you must learn what it is . At a time when freedom has become almost a slogan for many politicians, it is refreshing to read that for Maitreya, freedom is interdependence... This is part of the art of politics, explains Maitreya, which He defines as the art of reconciliation, while respecting diversity . Politicians and citizens must learn to recognize and defend the sacredness of their nation, as an individual must learn to protect his or her body from physical, emotional and mental damage stemming from attachment. In Chapter Five, Maitreya provides nuggets of historical significance, since history is made up of the unfolding of events and the precipitation of causes on the physical plane. There is much to be learned from the patterns of the past...The new energies entering our planet are forcing grass-roots political leaders and ordinary citizens to move from highly charged ideological politics to a related form of understanding politics as the art of living together in harmonic diversity...In Chapter Seven, The Science of Light , Maitreya reminds us that scientists have been inspired by Him to develop the technology of light in order to regulate life on Earth ... This technology uses colour, sound and vibration... Maitreya's teachings in The Laws of Life show the abundance of life at its fullest... One of Maitreya's gifts to the world, that of nations being free to express their will in which the voice of the people will be enshrined in national constitutions around the world , is unfolding even at this time when the Day of Declaration is so near... Maitreya describes it as a day of rejoicing , and adds, in the last sentence of this book: Without disturbing anyone, I will choose My moment . Review by Carmen Font, a writer and academic based in Barcelona, Spain. --Share International

Maitreya's Teachings: The Laws of Life is the 11th in a series of books written or compiled by British artist and esotericist Benjamin Creme. It represents the most contemporary phase of teachings given by Maitreya, head of the group of enlightened Teachers known as the Masters of Wisdom, our Elder Brothers and the custodians of the evolutionary plan for humanity.These simple

yet highly practical teachings offer straightforward, non-doctrinal answers to some of life's most profound questions from the perspective of one who has experienced and mastered every aspect of human life, and who now holds the highest office; in our Spiritual Hierarchy. Who, in their heart-of-hearts, does not wonder: What is the purpose of life? Who am I really? How can God allow so much suffering in the world? What can I do to feel real joy? How can we all live together in peace? According to the esoteric teachings conveyed through modern-day disciples such as Helena Blavatsky, Alice Bailey, Benjamin Creme and others, Maitreya embodies the expectations of all spiritual traditions regarding the advent of a great Teacher. He will, for the first time in history, unite the human family; not under the banner of a new religion, Creme explains, but by revealing the essential truths common to all religions, though long obscured by veils of man-made dogma. Freed from ignorance and fear of the other; we will finally bring an end to the tensions between religious groups that has incited some of humanity's greatest crimes against itself. Maitreya teaches that spiritual; and religious; are not synonymous terms, the former meaning anything that uplifts life and spirit. With this new understanding we will begin to create spiritual politics, spiritual social policies, a spiritual stewardship of the planet, and religions that cooperate for the common good. Because of the urgent need to transform all our institutions along more just and compassionate lines, Maitreya addresses a wide range of topics, providing insights into the workings of both the inner and outer worlds. For instance, in The Laws of Life, intriguing headings such as "Gurus can fall" and "In the Light, there are no arguments" dot a chapter on The Self. The chapter on Freedom, Liberty and Salvation discusses not only freedom within countries like China and Russia, but also freedom in relation to husband and wife, to space, to prisoners, to destiny. Another chapter covers the laws governing the material world, such as the Law of Cause and Effect and how it relates to natural catastrophes, and the effects of market forces on such things as the family, crime, violence, and the availability of water. The shortcomings of our current political, judicial, and religious institutions are outlined in detail from Maitreya's viewpoint, and historical perspectives on the Middle East crisis put current developments in an understandable context. Finally! , we are given a peek into what societies of the future will look like as the transformation now underway brings social regeneration, a new people-centered politics, and scientific breakthroughs such as the Science of Light, which will revolutionize medicine, space exploration and the way we function in the world. But above all Maitreya teaches the art of Self-realization. Three practices are at the core of this discipline: honesty of mind, sincerity of spirit, and detachment. Practice these three, he says, and come to Self-realization, which is God-realization. "It has nothing to do with religion, politics or any form of

ideology; Anyone, at any stage, can learn the art of Self-realization and find he will enjoy life. Life is to be enjoyed, with detachment."With this new volume, our Teacher of Old reaches out to the hearts and minds of a human family he knows is coming of age; ready to receive its spiritual legacy and build a new civilization on the bedrock of sharing, justice and brotherhood; the only foundation for a lasting peace.

One beauty of a book like this is ... it's transformative power. A pretty big claim, I consider it justified. It is often said that if you read Krishnamurti, and apply his teachings, you can change, transform. I think you may find this equally true in "Maitreya's Teachings." --- If you take to heart Maitreya's words, you will find them literally transformative. Money back, guaranteed ... .What I found was that the writer's, that is 'the "associate's" true meaning filtered through; communicating the essence of Maitreya's views. Interestingly, the teachings are both 'nothing new'- and completely life altering. It proved totally worth the effort; the 'staying with it'- as when reading Krishnamurti, or Ramana Maharshi, Paramahansa Yogananda, or Sai Baba. Here's an example of what 'Maitreya's associate' conveys, which is an aspect of Maitreya's teachings: "All are trying to understand the truth. For this, mind, spirit and body must be disciplined. Everything then falls into the right perspective. If you say: "My way is right; what others experience is not right," you create destruction. People experience the Lord in different ways. Do not judge others. Judge situations and become aware, but remain detached."If you give that its due, I think you will find you are dealing with the highest teaching. And remember - these are 'the associate's' words, conveying Maitreya's teaching, filtered through the associate's experience and expression. However in-familiarly expressed - 'the Light shines through.' You will also find - throughout the book - Maitreya's words quoted directly."Maitreya's Teachings" also offers very clear insights into: the Law of Karma; the law of cause and effect, and, the current state of the world, the transformation all humanity is undergoing, and the many energies and forces- macro to micro- that are in play. The book also offers further insights into the emergence of Maitreya - and the principle of sharing - and 'the technology of light,' the technology of the future. Benjamin Creme, who edited this book, has once again - see his extraordinary "The Gathering of the Forces of Light"- presented us with a book that is at once informative and inspirational.

This book gives a depth of teachings from the Ageless Wisdom. Do we ever look further than man made laws? Have we thought there may be laws of the universe? This book should be placed in the libraries of all correction facilities where folk with little opportunity have the time to ponder such

topics as reincarnation - interconnectedness - do we need to struggle for existence through competition? - how to live in harmony with ourselves and others? Growth through psychological change? A guide to living life on a troubled planet.

This is an Incredibly insightful book. The Eastern philosophies postulate that when dharma or righteousness is lost in the world a great teacher is sent to restore it, or rather, to help mankind to retrieve it by reminding them of their true, divine origin. The Christian, Muslim and Jewish religions too expect the return of a great teacher who will, in one way or the other, expand on teachings given in earlier times. The teachings in this book, so simple yet so profound, indicate that this teacher is now in the world. He has come to show us simpler, more sane ways of living that are achieved through honesty of mind, sincerity of spirit and detachment. In this New Age we will come to realize that the God immanent and God transcendent of all the major world religions actually represent two paths that will eventually lead us back to our Source. Once we begin to see ourselves as we truly are, Souls in incarnation, and when we put into practice Maitreya's teachings, we will find ourselves travelling quite quickly on this royal road towards enlightenment. In the book it is summarized most clearly: Self-realization is God-realization.

This book is a very important book for our time. It strikes in the heart of the reader what is important...ourselves, eachother, and all of life is most important. Call this book "The Art of Making all of Life Special and Unique". An Earth where there is unity in Diversity, as the Unity expands, the Diversity expands as well.

This book definitively gives a new insight into life. Its purpose, its meaning, and how to better go through it all. It has some outdated data, but all in all, I highly recommend it.

Maitreya's teachings and insights gives me hope! Thank you benjamin! I read a little every day to process in a better light!

This book is important information for a spiritual life. All of his books offer more and more help in spiritual growth.

Great book!

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